

Ayurvedic Cure For Ovarian Cyst-A Case Report

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Abstract

In the context of the limitations of Modern treatment of Ovarian Cyst through hormones and surgical intervention in general, a failed case of a subject under such treatment of hormones for three months and suggestion of surgical intervention, a clinical trial was conducted on the same patient with Ayurvedic formulations of Kanchnar guggulu, Chandraprabha vati and Triphala guggulu' for three months. The case study clearly shows positive impact on symptomatic, clinical and sonographical findings. The symptomatic relief, as reflected in the feeling of well- being, started after 20 days and continued throughout the study period and even in the follow up period for one year. The more objective parameters of reductions in the sizes of uterus, endometrial cyst, ovarian cyst, right and left ovaries, and reduction in the thickness of endometrium and the fluid in POD those are evident from the images in the pre and post administration of the drug. Though clinical trial is a single event, yet, the study concludes that the selected Ayurvedic drug has immense potential to cure the ovarian cyst in safe, effective and cost reducing way.

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